



NEW FOREST
CYCLING CLUB

— New Forest Cycling Club Present —

Autumn 10 Time Trial

24th September 2023 - P128/10

TANDEM | SOLO | ROAD BIKE

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS
UNDER ITS RULES AND REGULATIONS





Welcome!

Thanks for joining us at the 2023 New Forest Autumn 10 on P128/10
- the fastest course in the forest!

This document should contain all the information you need to ensure a safe and smooth ride at the event - if you have any queries or need any more information, don't hesitate to contact the event secretary (Phill Brown) by email nfcc1934@gmail.com or by calling **07540 576 878**.

This event is being promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Please note that new CTT regulations have come into force from December 2021 and will apply to this event:

- ALL riders must use a front light attached to their machine. [Regulation14(j)].
(Please note that you should already have a rear light.)
- ALL riders now must wear a helmet. [Regulation15].

Any rider without a front and rear light, and a helmet, will not be able to start the event.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

Key Details

Event Secretary

Phill Brown – New Forest CC
07540 576 878

Time Keepers

Maggie Bracher – New Forest CC

John Burridge – New Forest CC

Event HQ

Copythorne Parish Hall,
Pollards Moor Rd,
Copythorne,
Southampton.
SO40 2NZ





Event HQ

Address

Copythorne Parish Hall, Pollards Moor Rd,
Copythorne, Southampton SO40 2NZ.

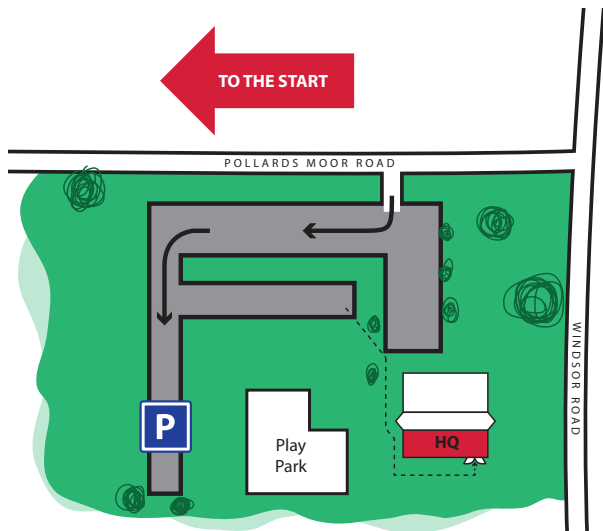
Parking

We'd love as many people to ride to the HQ if possible, but if you're travelling by car, please park to the side of the facilities when entering the car park as there will be another event using the main car park on the same day. Please be aware there is a height restriction barrier on entering /exiting the car park - we'll do our best to have it open on the day, but it might mean roof-mounted bikes may need removing.

Registration

Registration will be in the small hall at the back of the facility where toilets and post-ride refreshments will be available - please follow the signs between the play park and the building to enter through the rear double doors.

Signing on will take place inside Hall. You will be required to state your name to be checked in and collect you number. **ALL RIDERS MUST return to HQ to sign-out and return your number.**





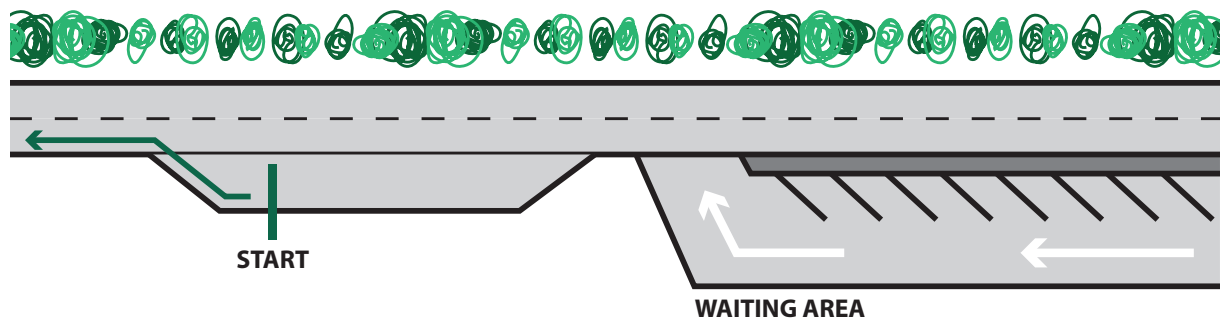
Riding to the start

The course is easily access and will be signed from the HQ. Upon leaving the car park, turn left to join Pollards Moor Road and continue for 750m to crossroads. At the crossroads, turn right and continue for 550m where the start is in a lay-by on the opposite side of the road.

TAKE CARE when turning right at the crossroads, riders who have already started may be approaching from the right.

RIDERS MUST wait for their start in the parking area outside the Junior School and advance to the start when necessary - please ensure the road and pavements are kept clear for public access.

RIDERS MUST NOT make any u-turns in sight of the timekeepers. Please respect the one-way system in the parking area outside the Junior School and be aware of oncoming riders when joining/exiting the carriageway.





The course: P128/10

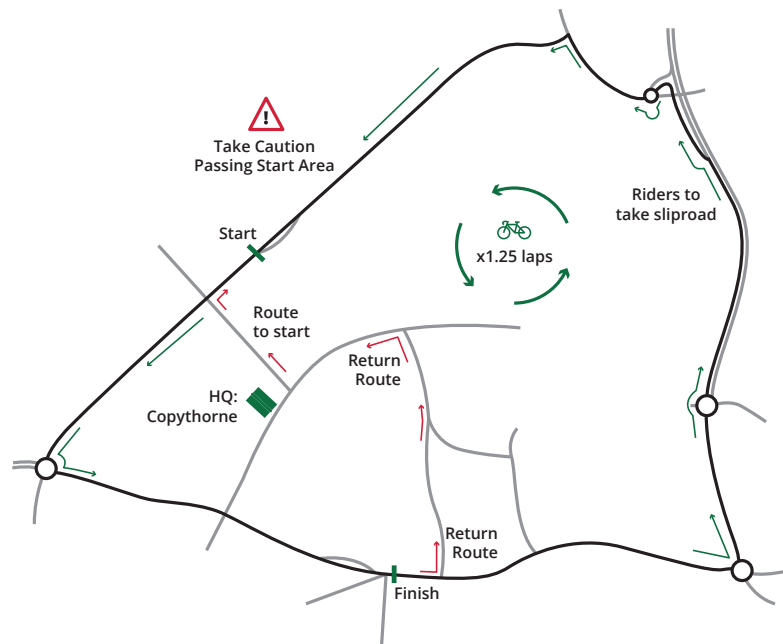
P128/10 is one of the fastest courses in the area and regularly produces the fastest times of the NFCC Evening Time Trial campaign. Starting at a higher elevation than which it finishes, some say the course is all downhill...

Starting in a lay-by just west of Copythorne CofE School, the course continues to along Romsey Road (A31) to a roundabout where riders take the first exit onto Southampton Road (A336). Following this road for approximately 3 miles, riders will pass the finish line for the first time and continue to Goodies Roundabout where they will take the first exit onto A326.

After approximately half a mile, riders will approach a roundabout and continue straight ahead (2nd exit) to continue on the A326. **NOTE:** The next section of road is a dual carriageway. Riders are advised to stay in the left lane and avoid crossing the solid white line that marks the edge of the carriageway to avoid any debris or hazards that may be present.

Taking the first slip road and leaving the A326 after approximately 1 mile, riders will approach a small roundabout where care must be given to vehicles approaching with priority from the right. Riders will take the second exit at the roundabout and join Salisbury Road for approximately half a mile before taking a left turn.

Riders will now be back on the A31 where they will follow the road for approximately 2.5 miles, **RIDERS MUST** take extra care when passing the start area for other riders who may be setting off. Upon reaching first roundabout riders encountered after starting, and again taking the first exit, riders will follow the Southampton Road for approximately 1.3 miles to the finish.





Returning to the HQ

All riders are required to return to the HQ following their ride to return their number and sign-out. Failure to do so may lead to riders being disqualified from the event. There will be a marked 2.5 mile safe route to follow back to the HQ, starting with a left turn just after half-a-mile beyond the finish line.

Please follow the **RED & BLACK ARROWS** to return to the HQ.



PLEASE NOTE: after you have crossed the finish line, there may be riders approaching from behind who are still in the middle of their ride - be sure to indicate clearly that you are leaving the course at the designated point.

RIDERS MUST NOT make any u-turns in sight of the timekeepers.

Thank you!

Any queries, questions, comments or feedback should be directed to the Event Secretary at the earliest opportunity.

Phill Brown – New Forest CC

07540 576 878 nfcc1934@gmail.com

Results will hopefully be posted on a board within the Event HQ at the earliest opportunity, but this may not be immediate due to the distance between the Event HQ and the finish line.

Keep up to date with the latest news, events and general goings-on from NFCC on social media:



@NewForestCyclingClub



/NewForestCyclingClub





Startlist

Start	Rider	Club	Machine
08:01	Adam Koperdan	Velo Club Venta	Road Bike
08:02	Chris Tackaberry	Islington Cycling Club	Road Bike
08:03	Robert Pettingell	High Wycombe CC	Road Bike
08:04	Barry Packman	GS Vecchi	Road Bike
08:05	David England	Crabwood Cycling Club	TT Bike
08:06	Rich Ward	New Forest CC	Road Bike
08:07	Dan Avey-Hebditch	New Forest CC	Road Bike
08:08	Stephen Wood	Antelope Racing Team	TT Bike
08:09	Mick Anglim	New Forest CC	TT Bike
08:10	Daniel Mahony	Velo Club Venta	Road Bike
08:11	Beverley Hards	New Forest CC	Road Bike
08:12	Steve Willcocks	Portsmouth North End CC	Road Bike
08:13	Murray Quiney	Southdown Velo	Road Bike
08:14	Adrian Watkins	Tornado Road Cycling Club	TT Bike
08:15	Sam Dorkings	Salisbury Road and Mountain CC	Road Bike
08:16	William Simmons	Christchurch Bicycle Club	TT Bike
08:17	Carl Wilson	Wincanton Wheelers	Road Bike
08:18	Bryce Dyer	Bournemouth Cycleworks - Vitec Fire - Ford Civil - Trek	TT Bike
08:19	Reece Dawson	New Forest CC	Road Bike
08:20	Alistair Gardner	Velo Club Venta	Road Bike
08:21	Sheena Keates	GS Mossa	TT Bike
08:22	James Noah	New Forest CC	Road Bike
08:23	Philip Harris	New Forest CC	TT Bike
08:24	Barry Hards	New Forest CC	TT Bike
08:25	Robin Johnson	Brighton Mitre CC	TT Bike
08:26	Angela Carpenter	...a3crg	Road Bike
08:27	Jonathan Legg	Sotonia CC	TT Bike
08:28	Gary Chiverton	Bournemouth Jubilee Whs	TT Bike
08:29	Jonathan Chadwick	New Forest CC	TT Bike
08:30	Hamish Hunter	Velo Club Venta	TT Bike
08:31	Dave Dent	GS Stella	Road Bike
08:32	Richard Watson	Chichester City Riders	TT Bike
08:33	Demetrius Onoufriou	Farnham RC	TT Bike
08:34	Alexander Paul	NAUT Cycling	TT Bike
08:35	Jeremy Hubbard	Sotonia CC	TT Bike
08:36	Adam Coppard	Chichester City Riders	TT Bike
08:37	Jake Prior	Velo Club St Raphael	TT Bike
08:38	James Smee	Chichester City Riders	TT Bike
08:39	Larry Wiltshire	Chichester City Riders	TT Bike
08:40	Bobby Buenfeld	Boost Bike Hub RC	TT Bike